

Open training

Working Effectively with Complex Families – Skills Training

This is a **2 day practical programme** suitable for front line staff working on the Early Help/Troubled families agenda as well as school staff, those in early years settings, the VCS, Housing and Health.

Throughout our training across the Country we still see skills gaps in key areas such as:

- Setting the scene and establishing rapport with individuals and families
- Tools to engage individuals and families
- Refining communication skills
- Clarifying purpose, boundaries and outcomes
- Whole family assessments
- Support plans and reviews
- Defining roles and responsibilities
- Using supervision and debriefing
- Exploring strategies for challenge

We have created a very **practical and “hands on” programme**. The focus is on skills and strategy development, backed up by an understanding of why approaches work. It will produce more confident and competent practitioners who are able to deliver positive and effective support to individuals and families.

This course will suit a range of practitioners including those working as part of a team around a family, or those holding a lead role in working with families.

It's a great way to network with others in the same field and see how others are working as well as learn from what others are doing.

Some feedback from people who have attended the training already:

'I have had a lot of training over the last year to prepare me for a different way of working with families but Interface trainers are the only ones who really 'got it'. It's the best training I have ever had.'

'The trainers are so good at making this real. I feel I can go out and make a real difference now.'

'I feel motivated and excited about my role and can't wait to get on with it.'

